

Jump Start To Learning



Oral language is an important part of your child's development. It is easy for parents to incorporate language into everyday moments.

Oral Language in the
early years....

Here's a Link to:
[Jingle Bells in
Woodland Cree](#)

When to add Language?

- * At playtime
- * During meal time
- * While driving in the car
- * Quiet moments before bed

Click on the Link to find some great Christmas Preschool Songs to sing with your children... [Kids Christmas Songs](#)



Activities that enhance oral language development:

- Reading to your child
- Tell stories - use pictures or toys to add detail
- Sing and tell jokes
- Adding Conversation to table top activities such as Play Dough, Lego time, snack or meal time. Narrate as you do the activity.

Here are some links to different stories and activities. Try a few over the Holidays....

- [\[Twas the Night Before Christmas Story\]\(#\)](#)
- [\[Christmas Black Out Game\]\(#\)](#)
- [\[Christmas Tree Loose Parts Play dough Fun\]\(#\)](#)

Jump Start To Learning Emotional Skills for Early Learners..

Link To:
[Fried Bread
Story](#)



Song Links for Labeling Emotions.

- [Shake Your Sillies Out](#)
- [If Your Happy and You Know It](#)
- [The Emotions Hokey Pokey](#)

Fine Motor Play...

- * Finger Painting
- * Make an ornament with beads
- * Lego
- * Colouring
- * Playdough



Self Regulation in children is the development of labeling and sorting through emotions and impulses. When entering school they will rely on this skill when:

- Taking Turns during play
- Sitting in Circle Time and Listening
- Waiting in Line
- Problem Solving with Peers

Parents can help improve these skills for their child when providing activities that guide them to label and sort their emotions. Learning some calming strategies is beneficial as well.

Here are a few Links to Self Regulations Activities to get you started:

- [Christmas Story Yoga Video](#)
- [Make your own Emotions Puzzle](#)
- [Christmas Tree Emotions Matching Game](#)

